



# **Employee Assistance Program**

The SupportLinc provides confidential, professional referrals and up to eight (8) sessions of face-to-face counseling session for a wide variety of concerns, such as:

- Anxiety
- Depression
- Marriage Problems
- Grief and Loss
- Substance Abuse
- Anger Management
- o Stress
- Work-Related Pressures
- Relationship Problems

## In-the-Moment Clinical Support

CuraLinc provides around-theclock access to licensed clinical professionals.

**N2** 

### Short-Term Mental Health Counseling

Through our nationwide network of licensed behavioral health clinicians, the program helps members identify and resolve depression, anxiety, grief, stress, relationship issues and substance abuse through face-to-face counseling or video counseling.

## Comprehensive **Diagnostic Assessment**

Every call, email, chat or SMS into the program is answered live by a licensed and experienced behavioral health clinician, who will conduct a comprehensive assessment to determine the user's presenting issue(s) and problem acuity.

### **Expert Dependent Care** Referrals

Experienced teams of specialists provide guidance and referrals to child and elder care resources, back-up care, adoption, auto repair and more. Technology Suite

Leverages technology to expand the impact range of the program by providing clients with a comprehensive web platform, behavioral telehealth (video counseling), a clientspecific mobile app, web and mobile mindfulness resources and, upon request, Animo, our digital behavioral health platform.

Financial and Legal Consultation

Participants have access to a nationwide network of attorneys, CPAs and CFPs to address an unlimited number of legal or financial concerns.